



## How to Minimise the Risk of Condensation

Left untreated condensation can cause damp patches and even structural damage. What's more, it leads to mould growth which is potentially harmful, bringing about health issues and breathing complications.

Double glazing, secondary double glazing and trickle vents in window frames can all help – but making a few changes to your living conditions and how you do things around the house can make a significant difference too.

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## 12 Tips for Keeping Condensation in Check

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### Laundry

**Tip 1:** One load of washing = 2 litres of water emitted into the air. Make sure that you vent any washing machine or tumble dryer in your property correctly,

**Tip 2:** Alternatively dry clothes outdoors . Not possible? Keep them in your bathroom with the door closed and a window open until they are completely dry.

### Cooking

**Tip 3:** Cooking food or boiling the kettle? Ensure that your kitchen doors are closed to prevent moisture in the air going into colder rooms which will then cause condensation to form on the coldest surfaces.

**Tip 4:** Cover pans with a lid to reduce moisture escaping. Also, make sure you use an extractor hood if you have one and keep it running for 5-10 minutes afterwards.

### Bathing

**Tip 5:** Taking a shower or having a bath? Turn on your extractor fan to remove moisture and steam created when running warm water in a cold environment. This helps to keep condensation appearing on bathroom windows and walls to a minimum.

### Pets & Plants

**Tip 6:** Pets and plants produce moisture. Cover up your fish tanks to reduce excess moisture and move house plants outdoors if damp patches appear on walls nearby.

### Bedrooms

**Tip 7:** Don't over-fill your wardrobes (the same goes for kitchen cupboards too!) and place them against internal rather than external walls. Air needs to circulate. A lack of ventilation and air moisture trapped in warm over-filled cupboards breed mould and give off musty smells.

**Tip 8:** Bedrooms in particular need a slightly open window or open trickle vents to improve ventilation in the room. Breathing causes condensation, so it is good practice to open a window to let the air flow through the room each morning if at all possible.

## All Around the House

**Tip 9:** Ensure furniture is at least 50-60mm away from internal walls, so air can circulate around the property. Mould is less likely to form behind furniture placed on internal walls, rather than external ones.

**Tip 10:** Ensure that heating is sufficient. Ambient heat will improve the temperature of surfaces and reduce the likelihood of condensation. Having an energy efficient home with insulated walls and double glazing will help stop the heat from escaping.

**Tip 11:** Double glazing, loft insulation and draft proofing will help to reduce the amount of heat that is lost from a property. Installing insulation will help sustain an even temperature inside your home at a higher level.

**Tip 12:** Get advice from the experts. Adequate ventilation is essential to allow the moisture to escape from a property before it turns into condensation. If you have condensation problems Falcon Windows Ipswich may be able to help.

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## More ways to minimise the risk of condensation and damp

- **Check for damage to the sealant** around your windows
  - **Install double or triple glazing** or high-performance glass
  - **Check for exterior damage** and water ingress
  - **Use bathmats** in the shower-room or bathroom so pools of water do not sit about
  - **Wipe down cold surfaces**
  - **Dry clothes (or bathmats!) outdoors** whenever possible. If it has to be inside on radiators, be sure to ventilate the room adequately
  - **Close doors to kitchens, bathrooms and utility/ laundry rooms** and ventilate them properly – don't let the damp air travel into every room of your home!
  - **Fit and use an extractor fan** – in kitchens, shower-rooms, toilets and bathrooms
  - **Introduce heating to all your rooms** – turning heating off totally in some rooms can be a false economy. Ambient heating that simply takes the chill off is always a good idea and underfloor heating can be cost-effective and ideal.
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**All new and replacement windows installed by Falcon Windows Ipswich  
are fitted with trickle vents as standard  
to help minimise the risk of condensation and mould problems in your home.**

**Why not ask us about our wide selection of UPVC and aluminium windows,  
or pop into our showroom and take a look?**



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